

Bach Flower Remedies

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Remedies are one of the great advantages that the practitioner of astrology has. In addition to the traditional remedies of mantra, charity and gem therapy, any modern remedy, such as Bach Flowers, can be recommended with the help of the horoscope. Changing events and things is quite a bit more difficult than changing our awareness of the events, and, when it comes right down to it, not as important, since it is our awareness of the events that makes us feel happy or unhappy more so than the events themselves. Bach Flower remedies have the advantage over other remedies in that they require the least effort and cost the least and are directed specifically towards changing our attitude and awareness.

Bach Flower Remedies

Bach Flowers can be successfully used to overcome the consciousness of separation indicated by Saturn, Rahu and Debilitated Grahas.

Dr. Bach correlated the first 12 flowers he discovered to the 12 Rasis of the zodiac, he never published his work on this because he was not sure if his correspondences of the flowers to the Rasis was correct. After his death others took what little he left on this subject and attempted astrological diagnoses. The book I have seen on this listed the 12 remedies that Dr. Bach related to the Rasis, and suggested diagnoses based on the Ascendant, Moon, Sun, and Mercury. This book also, however, stated that they found the astrological diagnoses to be only effective sometimes, and that it never was as effective as a traditional diagnoses based on questioning the client. The approach given in this book for astrological diagnoses didn't seem congruent to me so I developed this approach that has given me quite good results.

Dr. Bach believed that if the lower self was in harmony with the higher self, all illness and symptoms would disappear. He believed the flowers remove blocks in our consciousness to our higher self thereby restoring "communication" with our higher self and thereby establishing harmony. Based on this belief of his I suggest remedies that are based on the two cruel Grahas, Saturn and Rahu, which are the Grahas that create the consciousness of separation and give disharmony and disease. In addition to this I also consider debilitated Grahas as well. I don't believe suggesting remedies based on the Rasi placement of the Sun, Moon, or ascendant to be useful as those indicate areas of health, the remedies are to *restore health* where there is *disease*. If the Grahas are afflicted, (diseased) then appropriate remedies are of course helpful.

I relate nine of the flower remedies to the nine Grahas, Sun-Ketu. I suggest a client to take these remedies if any of these Grahas are debilitated, or under the influence of Saturn or Rahu. If any of the Grahas are afflicted then the remedies of the Rasis that the Graha rules may also be necessary. In cases where a Graha owns two Rasis it has been found that the male Rasi owned by the Grahas is usually the necessary one to base the remedy on, not the female Rasi. Other than this it is always helpful to give Star of Bethlehem in the first treatment as it removes the negative, disease causing, constrictive influence of Saturn. Most Bach flower practitioners always give Star of Bethlehem in the first treatment to work out any trauma that may block a healing.

Thirty flowers I relate to the 12 Rasis of the zodiac. The way the mind works is that when our consciousness experiences separation, indicated by Saturn and Rahu, we feel a weakness, insecurity, or unhealthy attitude. Therefore 12 flowers are considered as "communication" flowers as they are the remedy that restores the "communication" that is lost through the separation indicated by Saturn and Rahu. These "communication" flowers are helpful for the Rasis that Saturn, Rahu, or a debilitated Graha is in.

The result of the weakness, insecurity, or unhealthy attitude indicated by the "communication" flower is to overcompensate, like the insecure bully which has to prove he is the strongest by picking on others. 12 flowers have therefore been related as "compensation" flowers. These flowers are also indicated to be helpful for the Rasis that Saturn, Rahu or a debilitated Graha is in. There is one important consideration when suggesting the "communication" flower and "compensation" flower; if the client is heavily compensating it may be best to at first give only the "compensation" flower without the "communication" flower until the compensation has been balanced.

Six flowers are presented as "decompensation" flowers. The result of the attempted compensation is to still feel miserable, but now with

no hope of improvement as the compensation has failed to provide the expected happiness. Each of the six "decompensation" flowers is related to two Rasis. The decompensation, or worst behavior, stage of opposing Rasis is the same. This follows the Chinese "Law of Opposites" which states that opposites, at their extremes, are the same; "the brightest light blinds as much as the darkest dark, the coldest cold burns as much as the hottest hot." Therefore opposite Rasis in their greatest diseased condition manifest as the same disease. These are the breakdown flowers, when a person is at their worst these will be what is necessary. These flowers are usually indicated when a person is running the dasa of Saturn, Rahu, or a debilitated Graha in a particular Rasi. Then the "decompensation" flower is most helpful. These flowers can be helpful at other times as well, simply ask the client if they can relate to the indication of the flower as given in the table.

After the remedies have been established for the client, three drops of each remedy are put into a one ounce dropper bottle with 2/3 purified water and one third apple cider vinegar, vegetable glycerin or brandy as a preservative. Four drops are to be taken four times a day or whenever under duress. Results are usually seen within 3 days. A remedy should be taken for 4-6 weeks after which the treatment can be altered as necessary. At most only seven remedies should be given in one mix. Many horoscopes may indicate more than seven remedies to be effective, as always keeping the dasa lords in mind is most important to insure that the client gets the remedies they need when they need them.

The Bhavas are similarly treated as the Rasis, with the first Bhava corresponding to Aries, etc. The indications of the Bhavas are superficial as compared to the indications of the Rasis, so ultimately the Rasis are more important to treat. The Bhava, however, must first be healed before the deeper underlying issue indicated by the Rasi can be treated.

As mentioned, Rahu has a similar effects as Saturn, however, Rahu can not be effectively treated until Saturn is treated.









GRAHAS

The Grahas represent our actions, treating an afflicted Graha, therefore, improves upon a person's actions.

☉ Sun	Larch- Low self-esteem.
☾ Moon	Gentian- Negative, pessimistic attitude and mental worries.
♂ Mars	Impatience- Urgency, impatient and irritable.
♀ Mercury	Elm- Overwhelmed by tasks.
♃ Jupiter	Wild Oat- Purposelessness.
♀ Venus	Walnut- Difficulty moving forward and releasing the past.
♄ Saturn	Star of Bethlehem- Trauma.
♃ Rahu	Cherry Plum- Fear of loss of control, irrational behavior.
♆ Ketu	Rock Rose- Hidden fears reactivated by smaller disturbances.

RASIS

The Rasis are the windows through which we see life. The Rasi of Saturn and Rahu are the “dirty” windows that we can not see clearly through. Treating the Rasis, therefore, improves upon a person’s attitude.

Rasi	Communication	Compensation	Decompensation
 Aries	Chestnut Bud Mistakes, inner haste, indifference.	Oak Overly dutiful.	Beech Critical and intolerant, unwilling to make allowances for others.
 Libra	Chicory Possessive, manipulative, unloved, unappreciated.	Water Violet Proud, reserved, enjoys being alone.	
 Taur.	Pine Feels undeserving and unworthy, guilt complex.	Willow Resentment, embitterment.	Wild Rose Resignation, apathy.
 Scorp.	Aspen Intangible fears.	Agrimony Hides stress, turns to addictions.	
 Gem.	Cerato Intellectually insecure in decisions.	White Chestnut Persistent unwanted thoughts.	Honeysuckle Living in the past.
 Sag.	Wild Oat Lack of meaning and purpose.	Vervain Over-enthusiasm, fanatical beliefs.	
 Canc.	Mustard Emptiness.	Red Chestnut Fear, worry and care projected onto others.	Sweet Chestnut Utter dejection, bleak outlook
 Cap.	Mimulsis Fear and discomfort with known things.	Heather Self-centered, preoccupied with themselves.	
 Leo	Century Lack of demarcation, weak willed, exploited.	Vine Dominating, inflexible, arrogant, tyrannical.	Holly Hatred, envy, blames others, inability to feel love.
 Aqu.	Crab Apple Self-disgust, detestation.	Rock Water Rigid minded, self-denying.	
 Virgo	Olive Fatigued, drained of energy, life lacks zest.	Hornbeam Difficulty in facing duties, though they manage.	Gorse Without hope, lack of faith for improved circumstances.
 Pisces	Scleranthus Uncertainty, indecision, fluctuating moods.	Clematis Inattentive, mental escapism, lack of interest.	